

Clinician Associative Stigma Scale (CASS)

Please complete this scale thinking about your work with adults with *serious mental illness* (this group includes people with diagnoses like schizophrenia, bipolar disorder and major depression). If you also work with other populations, please try to focus on your work with this group specifically in your responses. Mark *never* if the experience has *never* occurred, *rarely* if it has only occurred once or twice, *sometimes* if it has occurred repeatedly but irregularly, and *often* if it occurs regularly.

1. When I tell them about the work that I do, people outside of the mental health field express concern for my safety related to my work with people with serious mental illness.
(1) Never (2) Rarely (3) Sometimes (4) Often
2. When I tell them about the work that I do, people outside of the mental health field express that it must be sad because people with serious mental illness don't improve in treatment.
(1) Never (2) Rarely (3) Sometimes (4) Often
3. When I tell them about the work that I do, people outside of the mental health field remark that the work must be "scary."
(1) Never (2) Rarely (3) Sometimes (4) Often
4. I have heard people outside of the mental health field express the view that mental health professionals don't know what they are doing/can't really help.
(1) Never (2) Rarely (3) Sometimes (4) Often
5. I have heard people outside of the mental health field express the belief that mental health professionals are to blame when people with serious mental illness harm themselves or others.
(1) Never (2) Rarely (3) Sometimes (4) Often
6. When I have met a new person at a social gathering, I am reluctant to discuss my work with people with serious mental illness.
(1) Never (2) Rarely (3) Sometimes (4) Often
7. When I am with other mental health professionals who do not work with people with serious mental illness, I am reluctant to discuss my work with this population.
(1) Never (2) Rarely (3) Sometimes (4) Often
8. When I am with friends who work outside of the mental health field, I am reluctant to discuss my work with people with serious mental illness.
(2) Never (2) Rarely (3) Sometimes (4) Often

9. When I am with relatives who work outside of the mental health field, I am reluctant to discuss my work with people with serious mental illness.
(1) Never (2) Rarely (3) Sometimes (4) Often
10. I have heard people state or joke that work with people with serious mental illness is a job that doesn't require much skill.
(1) Never (2) Rarely (3) Sometimes (4) Often
11. I have heard people state or joke that work with people with serious mental illness is a job that no one would want to do if they had the choice.
(1) Never (2) Rarely (3) Sometimes (4) Often
12. In media depictions that I have encountered, mental health professionals are depicted as engaging in unethical behavior (e.g., sexual relationships with clients).
(1) Never (2) Rarely (3) Sometimes (4) Often
13. In media depictions that I have encountered, mental health professionals are depicted as having personal psychological problems.
(1) Never (2) Rarely (3) Sometimes (4) Often
14. I have heard people state or joke that mental health professionals help others because they do not want to confront their own psychological problems.
(1) Never (2) Rarely (3) Sometimes (4) Often
15. When I tell someone about the work I do, they ask me if I am analyzing them during conversations.
(1) Never (2) Rarely (3) Sometimes (4) Often
16. When people find out that I work with individuals with serious mental illness, they tell me they could never do that type of work.
(1) Never (2) Rarely (3) Sometimes (4) Often
17. I have heard other people say that the work I do is useless.
(1) Never (2) Rarely (3) Sometimes (4) Often
18. I have heard other people say that the work I do is easy/could be done by anyone.
(1) Never (2) Rarely (3) Sometimes (4) Often