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NAMI on Campus Newsletter

1 message

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Welcome to NAMI on Campus Club Chronicles!

We hope that this semester is going well and that you had a relaxing spring break! Keep reading for some great opportunities and activity ideas!

We love hearing from you! If your club is holding a big event, hosting new activities or has had a success on campus, let us know at namioncampus@nami.org so that we can share your news with other clubs.

New Club Corner

- MiraCosta College
- University of Connecticut
- The College of William & Mary
- George Washington University
- Shorter University

Congratulations to all of our new clubs! We are so excited to have you!





In Our Own Voice at John Jay

In Our Own Voice (IOOV) is a NAMI program that uses speakers' stories to show the realities of living with a mental health condition. NAMI on Campus-John Jay leaders were trained in the program and held an event titled "In Our Own Voice: College Students and Mental Health" that discussed stigma, youth mental health and access to mental health services. The event was a huge success and can be found on YouTube by following the links below. If you think a presentation like this would benefit your campus, work with your NAMI State Organization or NAMI Affiliate to bring IOOV to your school!

Part I: <http://youtu.be/Oy6KwkPMiaA>

Part II: <http://youtu.be/3tFT--niV1Q>

NAMIWalks!

Want to get involved in your community and raise money for a cause you're passionate about? Consider participating in a NAMIWalks! NAMIWalks happen all over the country and are a great way to meet new people and get involved. For more information, visit <http://www.namiwalks.org/> today!

Thank you for making our Call Me Crazy screenings a huge success!

As a result of the huge demand for screenings, we have reached our quota with Lifetime and are no longer able to supply DVDs. But keep your eyes out for more screening opportunities in the future!

NAMI on Campus needs your help!

We are working on a stigma busting, awareness raising campaign to be used on all of our campuses next fall. We will be providing you with lots of swag to use to promote your clubs and raise awareness. But we need help thinking of a slogan! Please send us ideas for a campaign slogan. The top 5 will receive *Silver Linings Playbook* DVDs. So far, we were thinking "Speak Up! Mental Health Matters", "You Matter" and "1 in 4." Please let us know at namioncampus@nami.org if you have any other ideas for slogans or tools that you would like us to develop to help with the campaign!

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